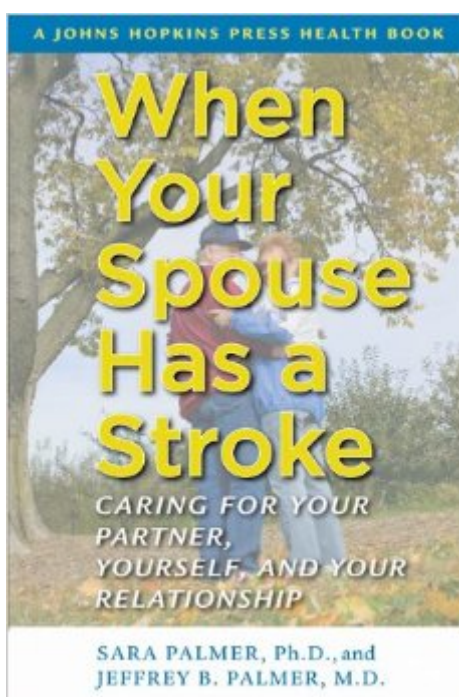


The book was found

When Your Spouse Has A Stroke: Caring For Your Partner, Yourself, And Your Relationship (A Johns Hopkins Press Health Book)



Synopsis

A stroke can alter two people's lives in an instant. For the person who has had a stroke, simple tasks suddenly become difficult or impossible. For that person's partner, life seems to revolve mostly around the stroke survivor's needs. Such a drastic change naturally requires making many, sometimes taxing, adjustments. In this book, two experts in stroke recovery help couples deal with the impact of stroke on their lives and their relationship. Drs. Sara and Jeffrey Palmer explain how to overcome three major challenges: providing quality care for your partner maintaining or rebuilding your relationship caring for yourself as an individual. The book invites you into the lives of real couples who are themselves coping with these challenges. Their experiences model how you can improve essential aspects of your relationship, including communication, roles and responsibilities, and sexuality. A list of practical tips summarizes each chapter, providing a handy reference guide to meeting each day's challenges. More than just a discussion of the medical and practical aspects of stroke and stroke recovery, this book focuses on the emotional, psychological, and social consequences of stroke and the deeply personal side of caregiving. When Your Spouse Has a Stroke will relieve your burden and strengthen your partnership.

Book Information

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Customer Reviews

I have facilitated groups for caregivers of stroke survivors and groups for stroke survivors for four years and read many books related to stroke. No book has been as thorough in describing the

impact of stroke on the marriage as this one. It is an easy read, clear and well-written. I recommend it highly to Caregiving Spouses, Stroke Survivors and psychotherapists who have clients impacted by stroke. A valuable contribution to the world of stroke.

As a stroke survivor, I thought the book offered outstanding advice and techniques for dealing with the many issues that emerge for a caregiver and their spouse subsequent to a stroke. This is a great manual for anyone - stroke or no stroke !!

I feel that every spouse of a person who has a stroke should be given this book as soon as possible after the stroke. I wish I had known about it sooner.

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